

## Pitt Meadows Elementary



**REGISTRATION IS OPEN FROM DECEMBER 8 AT NOON TO JANUARY 14 AT 11P.M.**

### **CHESS (GRADES 2-7)**

Chess lessons for beginner to intermediate levels. Improves concentration and problem-solving skills. Students will participate in engaging classroom activities like puzzle solving and gameplay practice.

**\*No session Feb. 16**



Mondays  
2:20 p.m. to 4:00 p.m.  
Jan. 19 to Mar. 2  
Location: Library  
\$165

### **SHOTOKAN KARATE (GRADES 1-7)**

Shotokan is designed to teach self-defence, build self-confidence, stimulate a sense of well-being and provide a greater sense of self-awareness when faced with difficult situations. The program's primary goal is to teach respect for oneself and others, as well as basic self-defence techniques. There are two classes offered.

**To register, contact Amy Shaw at 604.314.5852 or theninjalady@gmail.com**



Mondays & Wednesdays  
2:30 p.m. to 3:30 p.m.  
Jan. 12 to Mar. 11  
\$220

Tuesdays & Thursdays  
2:30 p.m. to 3:30 p.m.  
Jan. 13 to Mar. 12  
\$220

Students will go straight to the program at the bell.

All registrations are on a first come, first serve basis. Programs could be cancelled due to low enrolment.

To register, go to [schooldistrict42.perfectmind.com](https://schooldistrict42.perfectmind.com).

For more info: Hannah Macdonald, (604) 837 2384 or [hannah\\_macdonald@sd42.ca](mailto:hannah_macdonald@sd42.ca).