

Pitt Meadows Elementary





REGISTRATION IS OPEN FROM DECEMBER 8 AT NOON TO JANUARY 14 AT 11P.M.

CHESS (GRADES 2-7)

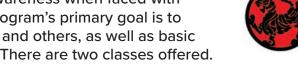
Chess lessons for beginner to intermediate levels. Improves concentration and problem-solving skills. Students will participate in engaging classroom activities like puzzle solving and gameplay practice. *No session Feb. 16



Mondays 2:20 p.m. to 4:00 p.m. Jan. 19 to Mar. 2 **Location: Library** \$165

SHOTOKAN KARATE (GRADES 1-7)

Shotokan is designed to teach self-defence, build selfconfidence, stimulate a sense of well-being and provide a greater sense of self-awareness when faced with difficult situations. The program's primary goal is to teach respect for oneself and others, as well as basic self-defence techniques. There are two classes offered.



To register, contact Amy Shaw at 604.314.5852 or theninjalady@gmail.com

Mondays & Wednesdays 2:30 p.m. to 3:30 p.m. Jan. 12 to Mar. 11 \$220

Tuesdays & Thursdays 2:30 p.m. to 3:30 p.m. Jan. 13 to Mar. 12 \$220

Students will go straight to the program at the bell.

All registrations are on a first come, first serve basis. Programs could be cancelled due to low enrolment.