

## Highland Park Elementary



**REGISTRATION IS OPEN FROM FEBRUARY 26 AT NOON TO APRIL 2 AT 11 P.M.**

### SCHOOL'S OUT PROGRAM (GRADES K-7)

Funded by United Way, The Family Education & Support Centre is excited to bring you *Resiliency Explorations*. Students will learn about what it means to be resilient, and discuss themes such as mindfulness, empathy and optimism. *To register for this program, call the Family Education & Support Centre at 604.467.6055 or visit [familyed.bc.ca](http://familyed.bc.ca)* \*No sessions on non-instructional days or holidays



**Mondays & Wednesdays**  
2:30 p.m. to 4:00 p.m.  
April 14 to May 21  
Location: Gym  
Free

### AFTER-SCHOOL TAEKWONDO (GRADES K-7)

Jeong's Taekwondo Academy offers a dynamic after-school Taekwondo program designed to build discipline, confidence, and physical fitness in children. With expert instruction, students will learn self-defence techniques, improve focus, and develop strong character in a supportive environment.



**Tuesdays**  
2:20 p.m. to 3:30 p.m.  
April 15 to June 3  
Location: Gym  
\$25

### ARCHERY AND PLAY (GRADES 4-7)

Experience archery and active games in a safe, fun, and educational setting. Students will learn from Stellar Play's archery instructors using safe foam-tipped arrows. Students will build their archery knowledge and play a variety of fun gym games. Students will finish the program with an exciting game of Battle Archery.



**Thursdays**  
2:20 p.m. to 4:00 p.m.  
April 17 to June 5  
Location: Field  
\$165

Students will go straight to the program at the bell.

All registrations are on a first come, first serve basis. Programs could be cancelled due to low registration.

To register, go to [schooldistrict42.perfectmind.com](http://schooldistrict42.perfectmind.com).

For more info: Hannah Macdonald, (604) 837 2384 or [hannah\\_macdonald@sd42.ca](mailto:hannah_macdonald@sd42.ca).