

Golden Ears Elementary: Spring 2020



BRICKS4KIDZ (GR. K-7)

It's a zoo in here! Calling all animal lovers. We will build models of a spider, kangaroo, monkey and more! Some even walk by themselves. We will discuss fascinating facts about different creatures and celebrate the wonders of the animal kingdom. Students will use bricks to create a different animal each week.

Wednesdays, 2:30pm – 3:45pm

April 29 – May 20

Registration fee: \$40

To register: <http://schooldistrict42.perfectmind.com>

For more info: Drea Owen 604.346.9815 or drea_owen@sd42.ca

MINDFUL MOVEMENTS YOGA (GR. 1-7)

Yoga classes have far-reaching positive benefits both physically and mentally for children. Meet new friends as you improve your strength, flexibility, balance and focus in a non-competitive, non-judgmental environment. Gentle breathing exercises, calming techniques and relaxation designed for children form an integral part of each class.

Thursdays, 2:30pm – 3:30pm, Multipurpose Room

April 16 – May 7 (Session 1) \$30

May 21 – June 11 (Session 2) \$30

To register: <http://schooldistrict42.perfectmind.com>

For more info: Drea Owen 604.346.9815 or drea_owen@sd42.ca

See back page for more classes!



WILD & IMMERSIVE (GR. K-7)

Wild and Immersive is a nature and science-based program created to help youth understand and appreciate the world around us. Wild & Immersive understands that in order for youth to care about and protect the environment, they need to enjoy spending time outdoors and be curious about nature. Therefore, the programs are created with “PEACE” I mind with each session encompassing the following elements: (P)lay, (E)ducation, (A)ppreciation, (C)uriosity, and (E)xplore. The program includes four sessions that cover different topics: water, soil and plants, pollination, birds and wildlife, and trees.

*Mondays, 2:30pm – 4:30pm, Multipurpose Room
May 4, 11, 25 and June 1*

Registration fee: \$25

To register: <http://schooldistrict42.perfectmind.com>

*For more info: Drea Owen 604.346.9815 or
drea_owen@sd42.ca*

CREATIVE ARTS (GR. 1-7)

Join Ms Shelly in these fun art classes. You will explore drawing, painting and create masterpieces while expanding your creativity and curiosity while you build self esteem and confidence during these fun, 1.5-hour classes.

Wednesdays, 2:30pm – 4:00pm, room TBA

April 8 – May 27

Registration fee: \$90

Course code: 15263

*To register: Please contact Maple Ridge Parks and Leisure at
604.4677422 or visit www.mapleridge.ca/1484*

More Info: Please Lori at 604.476.2792

I AM AWESOME (GR. 4-7)

The Family Education and Support Center, in partnership with School District No. 42, is thrilled to present “I am Awesome.” This course is designed to help young individuals with communication styles, triggers, “I” statements, looking at their special inner qualities, how to deal with stress and how to be a friend. We believe that if young people today have the knowledge and skills to believe in themselves then their capabilities are endless.

Wednesdays, 2:30pm – 4:00pm, room TBA

April 8 - April 29

Registration fee: \$25

To register: <http://schooldistrict42.perfectmind.com>

*For more info: Drea Owen 604.346.9815 or
drea_owen@sd42.ca*