

# FREE COOK-ALONG WITH CELEBRITY CHEF RANDLE CANADA'S AGRICULTURE DAY

FREE  
VIRTUAL  
COOKING  
EVENT

Let's celebrate the food we love



**5:30PM-7:00PM | FEBRUARY 23**

Enjoy a FREE cooking lesson with Chef Trevor Randle from the comfort of your own home in this virtual cooking webinar!

Chef Trevor Randle will provide expert instruction as he guides you through two healthy, BC grown, quick, and budget-friendly recipes — **BC Inspired Thai Chicken Curry** (vegan option available) and **Baked Lemon Pudding with BC Blueberry Compote** — in this webinar. BC Farmers Lovella Schellenberg and Mickey Aylard will also join Chef Trevor Randle to provide fun insights on farming in BC. Plus, webinar participants will be entered into a draw for a chance to win 1 of 3 prize packages valued at \$200+ each!

Visit [www.bcaitc.ca](http://www.bcaitc.ca) for details and to register now. Event suitable for all ages 12+.

This event is a joint initiative of BCAITC and We Heart Local BC. Special thanks to our event sponsors: BC Blueberry Council | BC Chicken Marketing Board | BC Dairy Association | BC Egg | Save-On-Foods



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For more information, please contact Meghan McCrea, BCAITC Communications Coordinator, at [meghan@aitc.ca](mailto:meghan@aitc.ca) or 1.866.517.6225.