

Alexander Robinson Elementary



REGISTRATION IS OPEN FROM DECEMBER 8 AT NOON TO JANUARY 14 AT 11P.M.

KIDS YOGA AND MINDFULNESS (GRADES 1-5)

Join Jessica for playful games, calming yoga, creativity, and connection! This program blends fun yoga flows, breathing exercises, mindful games, and art projects to help little ones build confidence, body awareness, and emotional resilience. All levels welcome, no yoga experience needed!

***No session Feb. 16**



Mondays
2:20 p.m. to 3:30 p.m.
Jan. 19 to Mar. 2
Location: Stage
\$105

NOOMA SPACE: K-POP DANCE STARS (GRADES K-5)

K-Pop Stars is a fun and energetic after-school program where kids learn popular K-pop dance moves and routines inspired by their favorite idols. Students build confidence, rhythm, and stage presence while dancing to upbeat Korean pop hits. It's all about teamwork, creativity, and having fun expressing themselves through movement!



Wednesdays
2:20 p.m. to 3:30 p.m.
Jan. 21 to Mar. 4
Location: Stage
\$125

Students will go straight to the program at the bell.

All registrations are on a first come, first serve basis. Programs could be cancelled due to low enrolment.

To register, go to schooldistrict42.perfectmind.com.

For more info: Hannah Macdonald, (604) 837 2384 or hannah_macdonald@sd42.ca.