



## **SD 42 POLICY: 5575**

### **NUTRITION**

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The Board and all schools promote and support the role nutrition plays in developing and sustaining students' learning potential and healthy active lifestyles.

#### **Guiding Principles**

1. Schools will provide offerings of nutritious and healthy food and beverage alternatives.
2. The school will work cooperatively with families and the broader community to strengthen connections and services and to nurture healthy active lifestyles.
3. Schools, in consultation with parents, staff and students will ensure students receive positive nutritional messages that are consistently reinforced throughout the school environment.

**APPROVED: February 13, 2013**