



# AFTER-SCHOOL PROGRAMS

*"Our vision is for every individual to feel valued and for all learners to reach their potential."*

## Eric Langton Elementary



WINTER 2019



United Way  
Lower Mainland

## **AFTER-SCHOOL PROGRAMS ERIC LANGTON ELEMENTARY WINTER 2019**

*The Maple Ridge - Pitt Meadows School District, in partnership with United Way of the Lower Mainland, has embarked on an exciting new path for our community, focusing on sustainable, educational and fun after-school programs.*

*The after-school programs we offer provide expanded learning opportunities both educationally and emotionally to enable our children and youth to be ready, able and motivated to learn.*

### **BRICKS4KIDZ (GR. K-7)**

Brick City Engineers, let's build a city! In this fun, interactive class, students will build the structures and vehicles we see throughout our city: police cars, fire trucks, construction machinery, a library, park and houses! There will also be time for free building structures too!

#### *Session 1*

*Mondays, 2:30 pm – 3:45 pm, library*

*January 7 – January 28*

*Registration Fee: \$20 (4 sessions)*

#### *Session 2*

*Wednesdays, 2:30 pm – 3:45 pm, library*

*February 5 – February 26*

*Registration Fee: \$20 (4 sessions)*

*To register visit: <http://schooldistrict42.perfectmind.com> to create your account, register and pay*

### **CREATIVE ARTS (GR. 1-7)**

Join Miss Janet as she guides you in fun hands on art activities each week. You will expand your creativity and curiosity by engaging in various drawing, painting and collage projects. Materials such as graphite, oil and chalk pastels, coloured pencils, watercolour and acrylic paint will be explored and discussed as you begin to use your 'Artists Eyes' to express shape and form within your work.

*Mondays, 2:30 pm – 4:00 pm, Hive Kitchen*

*January 14 – March 11 (no class Feb. 18)*

*Registration Fee: \$85 (8 sessions)*

*Course Code: #2266*

*To register: contact Maple Ridge Parks & Leisure at 604-467-7422 or [recreg4u.ca](http://recreg4u.ca)*

## MINDFUL MOVEMENTS YOGA

Yoga classes can have far-reaching positive benefits both physically and mentally. Meet new friends as you improve your strength, flexibility, balance and focus in a non-competitive, non-judgmental environment. Gently breathing exercises, calming techniques and relaxation designed for children form an integral part of each class.

### **Kindergarten - Grade 3**

*Tuesdays, 2:30 pm – 3:30 pm, on the stage*

*Session 1: January 8 – February 5*

*Session 2: February 19 – March 12*

*Registration Fees:*

*Session 1: \$25 (5 sessions)*

*Session 2: \$20 (4 sessions)*

### **Grades 4-7**

*Thursdays, 2:30 pm – 3:30 pm, on the stage*

*Session 1: January 10 – February 7*

*Session 2: February 21 – March 14 ( no class Feb. 15; class begins at 11:30 am on March 14 due to an early dismissal)*

*Registration Fees:*

*Session 1: \$25 (5 sessions)*

*Session 2: \$20 (4 sessions)*

*To register: <http://schooldistrict42.perfectmind.com> to create account, register and pay*

## **JIU-JITSU (GR. 3-7)**

The Brazilian Jiu-Jitsu-based Functional Physics Program designed for kids incorporates both physical and educational components in a fun, non-competitive environment. Children will have the chance to learn about the human body, mathematics, and science while getting hands-on training for self-defense.

*Wednesdays, 2:30 pm – 4:00 pm, on the stage*

*January 9 – March 13*

*Registration Fee: \$50 (10 sessions)*

*To register: <http://schooldistrict42.perfectmind.com> to create account, register and pay*

## **RED FOX (K-GR.3)**

Red Fox's Active Play program gives kids the chance to be healthy, have fun and get inspired by positive youth role models from their own community. Red Fox youth leaders guide children through energetic group games, circus arts and other physical activities that cultivate self-confidence, social interactions and new skills.

*Tuesdays, 2:30 pm – 4:00 pm, gym*

*January 8 – March 12*

*Registration Fee: FREE*

*To register: <http://schooldistrict42.perfectmind.com> to create account, register and pay*

## REGISTRATION INFORMATION

**Reminder:** The registration process for Maple Ridge – Pitt Meadows School District after-school programs has changed. Register for Winter 2019 programs at <https://schooldistrict42.perfectmind.com>.

Once you have created an account, here's how to register your child for a program:

1. Click on the "My Info" tab in the upper menu and create a profile for your child by selecting "Add Family Member";
2. Click on the "Schedule" tab in the upper menu;
3. Select the location (e.g. Harry Hooge Programs) of the program in which you want to register your child;
4. Select the program (e.g. Bricks4Kidz);
5. Select the name(s) of the child(ren) you would like to register in the program.

*Please note: Register for all arts programs by contacting Maple Ridge Parks & Leisure at 604-467-7422 or online at [recreg4u.ca](http://recreg4u.ca).*

## CONTACT

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