

Davie Jones Elementary: Spring 2019



MINDFUL MOVEMENTS YOGA (GR. K-7)

Yoga classes have far-reaching positive benefits both physically and mentally for children. Meet new friends as you improve your strength, flexibility, balance and focus in a non-competitive, non-judgmental environment. Gentle breathing exercises, calming techniques and relaxation designed for children form an integral part of each class..

*Mondays, 2:30pm – 3:30pm, Dolphin Room
April 15 – May 27 (no class April 22, 29 & May 20)*

Registration Fee: \$40

Register: <http://schooldistrict42.perfectmind.com> to create your account, add your child (family member), register and pay

UNITED WAY SCHOOLS OUT ENVIRONMENTAL PROGRAM (GR. K-7)

This eight-week program focuses on what we can do to help and understand our environment and our future. Students will participate in games, watch fun mini educational videos and visit the community garden and learn about what it has to offer. We will provide a snack and fun outdoor activities. Come and join the fun! The Environmental Program is founded by The United Way and produced by The Family Education & Support Centre with partnerships with the Ridge Meadows Child Development

Centre Society and Maple Ridge - Pitt Meadows School District No. 42.

www.familyed.bc.ca.

*Tuesdays, 2:30pm – 4:00pm, in the Dolphin (breakfast) Room
April 2- May 21, 2019*

Registration Fee: \$25

Register by calling Karen Hughes at 604.467.6055 (ext. 101)

BRICKS4KIDZ (GR. K-7)

Explore sports ranging from gymnastics to basketball, mini-golf to soccer. This unit is a great way to get “sporty” kids building and get LEGO fans interested in sports! But the best part for the students is the way the models move and the fun they have playing with them after they are built – hitting a plastic golf ball with a mini-golf model, watching the gymnast swing around the bar, getting the balls into the hoops, scoring at hockey and soccer!

*Wednesdays, 2:30pm – 3:45pm, Dolphin Room
May 15 – June 5*

Registration Fee: \$36

Register: <http://schooldistrict42.perfectmind.com> to create your account, add your child (family member) register and pay

