



# AFTER-SCHOOL PROGRAMS

*"Our vision is for every individual to feel valued and for all learners to reach their potential."*

## Blue Mountain Elementary



WINTER 2019



United Way  
Lower Mainland

## **AFTER-SCHOOL PROGRAMS BLUE MOUNTAIN ELEMENTARY WINTER 2019**

*The Maple Ridge - Pitt Meadows School District, in partnership with United Way of the Lower Mainland, has embarked on an exciting new path for our community, focusing on sustainable, educational and fun after-school programs.*

*The after-school programs we offer provide expanded learning opportunities both educationally and emotionally to enable our children and youth to be ready, able and motivated to learn.*

### **BRICKS4KIDZ (GR. K-7)**

Brick City Engineers, let's build a city! In this fun, interactive class, students will build the structures and vehicles we see throughout our city: police cars, fire trucks, construction machinery, a library, park and houses! There will also be time for free building structures too!

*Thursdays, 2:30 pm – 3:45 pm, on the stage  
January 10 – January 31*

*Registration Fee: \$32 (4 sessions)*

*To register visit: <http://schooldistrict42.perfectmind.com> to create your account, register and pay*



### **CREATIVE ARTS (GR. 1-7)**

Join Miss Janet as she guides you in fun hands-on art activities each week. You will expand your creativity and curiosity by engaging in various drawing, painting and collage projects. Materials such as graphite, oil and chalk pastels, coloured pencils, watercolours and acrylic paint will be explored and discussed as you begin to use your 'Artists Eyes' to express shape and form within your work.

*Tuesdays, 2:30 pm – 4:00 pm, on the stage*

*January 15 – March 5*

*Registration Fee: \$85 (8 sessions)*

*Course Code: #2268*

*To register: contact Maple Ridge Parks & Leisure at 604-467-7422 or online at [recreg4u.ca](http://recreg4u.ca)*

### **JIU-JITSU (GR. 3-7)**

The Brazilian Jiu-Jitsu-based Functional Physics Program designed for kids incorporates both physical and educational components in a fun and non-competitive environment. Children will have the opportunity to learn about the human body, mathematics, and science while getting hands-on training for self-defense. Functional Physics incorporates the basic principles of Brazilian Jiu-Jitsu, a grappling form of self-defense, in combination with learning fundamental concepts of anatomy, physics, and health.

*Fridays, 2:30 pm – 4:00 pm, gym*

*January 11 – March 8 (no class Jan. 25 & Feb. 15)*

*Registration Fee: \$35 (7 sessions)*

*To register visit: <http://schooldistrict42.perfectmind.com> to create your account, register and pay*

### **MINDFUL MOVEMENTS YOGA (GR. 1-7)**

Yoga classes can have far-reaching positive benefits both physically and mentally. You will meet new friends as you improve your strength, flexibility, balance and focus in a non-competitive and non-judgmental environment. Gently breathing exercises, calming techniques and relaxation designed for children will form an integral part of each class.

*Wednesdays, 2:30 pm – 3:30 pm, on the stage*

*February 13 – March 13 (early start on March 13 @ 11:30 am)*

*Registration Fee: \$25 (5 sessions)*

*To register visit: <http://schooldistrict42.perfectmind.com> to create your account, register and pay*

## REGISTRATION INFORMATION

**Reminder:** The registration process for Maple Ridge – Pitt Meadows School District after-school programs has changed. Register for Winter 2019 programs at <https://schooldistrict42.perfectmind.com>.

Once you have created an account, here's how to register your child for a program:

1. Click on the "My Info" tab in the upper menu and create a profile for your child by selecting "Add Family Member";
2. Click on the "Schedule" tab in the upper menu;
3. Select the location (e.g. Harry Hooge Programs) of the program in which you want to register your child;
4. Select the program (e.g. Bricks4Kidz);
5. Select the name(s) of the child(ren) you would like to register in the program.

*Please note: Register for all arts programs by contacting Maple Ridge Parks & Leisure at 604-467-7422 or online at [recreg4u.ca](http://recreg4u.ca).*

## CONTACT

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