

ALOUETTE ADDICTIONS SERVICES

201 - 22477 Lougheed Hwy
Maple Ridge, BC
t. 604.467.5179
f. 604.467.8592
<http://www.alouetteaddictions.org>

ACT 2 CHILD AND FAMILY SERVICE

* Sexual Abuse Counselling by self-referral; all other counselling services require MCFD referral
Ridge Meadows Counselling Program
203 - 11965 Fraser Street
Maple Ridge, BC
t. 604.463.0965
f. 604.463.2416
e. info-mr@act2.ca
<http://www.act2.ca>

CHILD AND YOUTH CRISIS PROGRAM

* Professional referral required
600 - 205 Newport Drive
Port Moody, BC
t. 604.949.7765
Intake Hours:
Mon-Fri: 9:00 am - 9:00 pm
Sat-Sun: 12:00 pm - 9:00 pm

CYTHERA TRANSITION HOUSE SOCIETY

* Children who witness abuse program
22318 McIntosh Avenue
Maple Ridge, BC
t. 604.467.9939
t. 604.467.9966 (24 hour crisis line)
f. 604.467.5158
<http://www.cythera.ca>

EARLY PSYCHOSIS INTERVENTION

t. 604.777.8386
crisis line: 1.877.820.7444
http://www.mcf.gov.bc.ca/mental_health

FAMILY EDUCATION AND SUPPORT CENTRE

* Free program every Thursday, 1:00 pm - 2:30 pm
22554 Lougheed Hwy
Maple Ridge, BC
t. 604.467.6055
<http://familyed.bc.ca>

FRASER HEALTH CRISIS LINE

t. 604.951.8855
t. 1.877.820.7444

FAMILY EDUCATION AND SUPPORT CENTRE

200 - 11965 Fraser Street
Maple Ridge, BC
t. 604.476.2821
<http://www.kidstart.ca>

HEALTHLINK BC

(Medically approved information)
t. 811
<http://www.healthlink.bc.ca>

KIDSTART MENTORING PROGRAM

200 - 11965 Fraser Street
Maple Ridge, BC
t. 604.476.2821
<http://www.kidstart.ca>

MAPLE RIDGE / PITT MEADOWS COMMUNITY SERVICES

22718 Lougheed Hwy
Maple Ridge, BC
t. 604.467.6911
f. 604.463.2988
<http://www.comservice.bc.ca>

MCFD 24 HOUR HELPLINE FOR CHILDREN

* Primarily for child protection
t. 604.310.1234

MINISTRY OF CHILDREN AND FAMILY DEVELOPMENT

* Walk-in Intake Clinic: Thursday, 9:00 am - 4 pm
22323 - 119th Avenue
Maple Ridge, BC
t. 604.466.7300
http://www.mcf.gov.bc.ca/mental_health

MULTICULTURAL SERVICES

t. 604.467.6055 ext.108

PLEA COMMUNITY SERVICES

3894 Commercial Street
Vancouver, BC
t. 604.871.0450
f. 604.871.0408
e. info@plea.bc.ca
<http://www.plea.ca>

RCMP NON-EMERGENCY (24 HOURS)

T. 604.463.6251

SUICIDE PREVENTION LINE (24 HOURS)

* General crisis service
t. 1.800.SUICIDE or 1.800.784.2433

YOUTH ONLINE CHAT

12:00 pm - 1:00 am
t. 604.872.3311 (24 hr distress line)
t. 1.866.661.3311 (24 hr distress line)
<http://www.youthinbc.com>